

The diagram consists of six interlocking red gears arranged in a circle. In the center of the gears is a purple silhouette of a person with a circular arrow around them, indicating a cycle or process. Each gear contains a text prompt:

- Top gear: Jeg har behov for at arbejde med...
- Top-right gear: For mig er det vigtigt fordi...
- Bottom-right gear: Jeg vil afprøve det i følgende situationer...
- Bottom gear: Sådan vil jeg gøre det...
- Bottom-left gear: De første resultater ses...
- Top-left gear: Jeg vil inddrage /søge hjælp hos...

Six large empty rectangular boxes are provided for additional notes or details, connected to the central diagram by thin lines:

- One box is positioned above the top gear.
- One box is positioned to the left of the top-left gear.
- One box is positioned to the left of the bottom-left gear.
- One box is positioned below the bottom gear.
- One box is positioned to the right of the bottom-right gear.
- One box is positioned to the right of the top-right gear.